

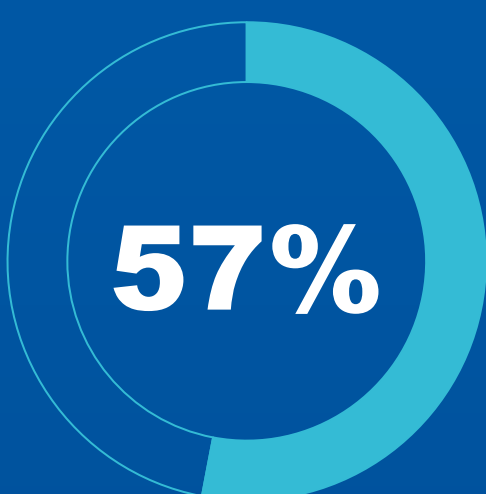
MENTAL HEALTH & WELL-BEING

CANDIDATE PULSE

AFRICA



Michael Page surveyed 1,022 job applicants across Africa to understand their feelings about mental health and well-being in 2021. If you want to talk to us about how this might affect your recruitment plans for the next 12 months, [contact us](#) today to talk to a consultant.



of job applicants think that companies' well-being/mental health initiatives will impact or define their job search in the future

TO RECOVER FROM THE DIFFICULT TIMES, CANDIDATES WANT COMPANIES TO:

- 1st** | **55%** Create some well-being initiatives/events
- 2nd** | **49%** Improve communication with managers to better control time and task planning
- 3rd** | **47%** Be more open/flexible regarding work arrangements

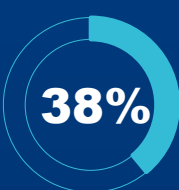
THIS IS HOW CANDIDATES FEEL TODAY



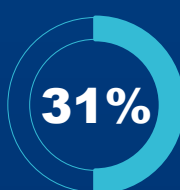
SINCE THE COVID-19 CRISIS STARTED, CANDIDATES HAVE FACED THE FOLLOWING SITUATIONS



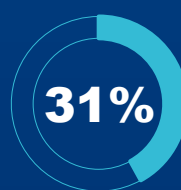
WHEN IT COMES TO MENTAL HEALTH AT WORK, SURVEYED JOB APPLICANTS AGREE TO THE FOLLOWING STATEMENTS:



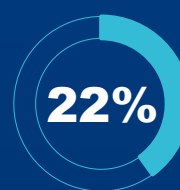
I feel under more pressure during these times



I feel I get less credit for my work



I feel that my work-life balance has worsened

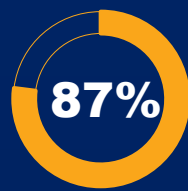


I feel that my manager is neglecting my mental health

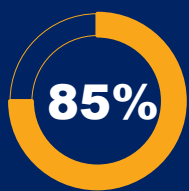
TOP 5 AREAS JOB APPLICANTS HAVE PAID EXTRA ATTENTION TO IN ORDER TO MAINTAIN A GOOD MENTAL HEALTH OR TO REDUCE ANY ASSOCIATED RISKS:



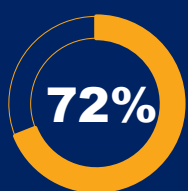
HOW CONFIDENT DO JOB APPLICANTS FEEL DISCUSSING THEIR MENTAL HEALTH WITH THE FOLLOWING PEOPLE/DEPARTMENTS?



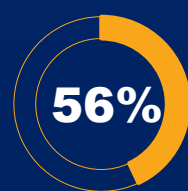
Doctor or mental health professional



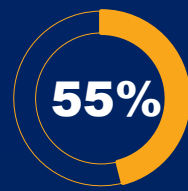
Partner, relatives or family members



Friends



HR department



Manager